



A volunteer organization since 1972

When you need a ride to a medical appointment, we can help.

FISH of Lexington, Inc.
1912 Massachusetts Avenue
Lexington, MA 02421
781-861-9300
www.fishlexington.org

WE'RE FISH

Since 1972, Friendly Independent Sympathetic Help (FISH) has been offering Lexington residents one round-trip ride per week to medical appointments in Lexington and vicinity, including Boston.

All rides are free-of-charge, except for parking fees and tolls.

FISH relies exclusively on volunteers to arrange and provide rides and on donations from generous clients, Lexington residents, and organizations to cover operating expenses.

WHEN YOU NEED A RIDE

Call 781-861-9300 only between the hours of 9:00 am and 1:00 pm two FISH operating days before your appointment date.

IMPORTANT: See the section "2025 Calendar of FISH Operating Days" and the monthly calendars on the other side.

Leave the following information with the answering service:

- **your name**
- **address**
- **phone number**
- **pick-up time**
- **appointment time**
- **destination**
- **time of return**
- **possible delay.** Are you having a procedure that might result in a delay, such as cataract surgery?
- **any special conditions.** For example, do you use a wheelchair or have other ambulatory concerns? Will you be bringing a companion?

A FISH driver will call you to confirm the arrangements, or a FISH phoner will call you to let you know that no FISH driver is available to drive you to this appointment. If you are unable to secure a ride from FISH, call Lexington Transportation Services at 781-861-1210 to hear about alternatives.

POLICIES

You may schedule one ride per week. (See below for scheduling information and other side for calendar.)

Rides are free. Clients are responsible for any parking fees or tolls.

We are always grateful for donations.

2025 CALENDAR OF FISH OPERATING DAYS*

For a ride, call two FISH operating days before your medical appointment. When FISH is closed, no rides are available. FISH is closed on Saturdays and Sundays and weekday holidays. Skip the days FISH is closed, which are shaded on the calendar, when counting back two FISH operating days.

For example: If you need a ride on Wednesday, March 5, call FISH by 1:00 pm on Monday, March 3.

If you need a ride on Tuesday, May 27, call FISH by 1:00 pm on Thursday, May 22.

***See calendar other side →**

Questions?

Always feel free to call the president of FISH at 781-899-5399 if you ever have any questions or concerns.

JANUARY 2025

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

MAY 2025

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SEPTEMBER 2025

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

FEBRUARY 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

JUNE 2025

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

OCTOBER 2025

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

MARCH 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24/31	25	26	27	28	29

JULY 2025

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

NOVEMBER 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24	25	26	27	28	29

APRIL 2025

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

AUGUST 2025

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

DECEMBER 2025

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FISH does not operate on shaded days.